

POOL SCHEDULE

June 2 - August 16 2017

	MON	TUES	WED	THURS	FRI	SAT	SUN
6am							
7am	*Adult Lap 5:45-9:30am	*Adult Lap 5:45-10:00am	*Adult Lap 5:45-9:30am	Adult Lap 5:45am-1pm	Adult Lap 5:45-10:30am		
8am						Adult Lap 7:15-9am	Adult Lap 7:15-9am
9am							
10am							
11am	*Reserved Swim Lessons 9:30-1:30pm (6/26-8/14)	*Reserved Lessons 10:00-11:30am (6/20-8/15)	*Reserved Swim Lessons 9:30-1:00pm (6/28-8/16)	Adult Lap 5:45am-1pm		*Reserved Swim Lessons 9am-12:45pm (6/3-8/5)	*Reserved Swim Lessons 9am-12:45pm (6/4-8/6)
12pm							
1pm							
2pm							
3pm	*Adult Lap 1:30-4pm						
4pm		*Adult Lap 11:30-9:45pm					
5pm	Reserved Private Swim Lessons 4-7:30pm		Reserved Child Group Lessons 4-6:30pm (6/7-8/9)			Pool Rental and Assessments 4-6pm	
6pm					Reserved Private Swim Lessons 3:30-7:30pm	Lap Swim If Avail.	
7pm						Adult Lap 6-7:45pm	Adult Lap 5-7:45pm
8pm	WATER BOOTCAMP 7:35-8:30pm	*Adult Lap 11:30-9:45pm	Adult Lap 6:30-9:45pm	Adult Lap 6-9:45pm			
9pm	Adult Lap 8:30-9:45pm				Adult lap 7:30-9:45pm		

SWIM CLASSES

ALL CLASSES ARE 8 WEEKS WITH A MAKE-UP CLASS OFFERED IN WEEK 9

REGISTRATION REQUIRED

30-MINUTE CLASSES

PARENT AND ME
BEGINNER BASICS
BEGINNER
INTERMEDIATE
ADVANCED

MEMBERS \$250
NON MEMBERS \$325

SWIM ASSESSMENTS

(REQUIRED FOR 1ST ENROLLMENT)

~CALL FOR DATES~

RESERVATION REQUIRED

POOL RENTAL (FOR PARTIES)

SATURDAYS 4-6PM
CALL FOR DETAILS

RENTAL RATES

1.5 HOURS \$300
2 HOURS \$350

*INDICATES CHANGES FROM PREVIOUS SCHEDULE

FAMILY SWIM IS FOR CHILDREN ONLY, NO LAPS PLEASE.
USE OF SAUNA IS ALSO ONLY FOR FAMILIES AT THIS TIME.
THE REVERSE IS ALSO TRUE, NO CHILDREN ALLOWED IN THE POOL AREA DURING ADULT LAP SWIM.
THANK YOU FOR FOLLOWING THIS POLICY.

201-714-7600

HAMILTONHEALTHFITNESS.COM

FOR PRIVATE AND GROUP SWIM LESSONS:

PLEASE CONTACT OUR SWIM COORDINATOR, GIGI, AT:

SWIM@HAMILTONHEALTHFITNESS.COM